



SELECT YOUR  
LANGUAGE



**HOW TO RETURN  
PREPAID VOUCHER**

### QUESTIONS ?

CHECK OUT OUR FAQ AT BODY-  
CHECKUP/FAQ.COM OR CONTACT  
US BY EMAIL AT CONTACT@  
BODYCHECKUP.COM



**BodyCheckUp**

Your health in Your hands

**YOUR SLIP IS VALID FOR 12 MONTHS.**  
IF YOU EXCEED THIS DATE, PLEASE **CONTACT US.**

# TO SEND YOUR SAMPLES, PLEASE USE THE PREPAID DHL VOUCHER.



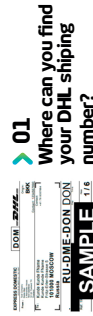
WATCH THE VIDEO TO SEE  
HOW TO SEND YOUR SAMPLES

## > CAUTION

- **Book an appointment** on DHL at least 24H before taking your samples.
- **All the information** concerning samples and how to return your samples are in the user manual in the kit.

- **Do not send** samples after noon on Thursday, during weekends or the last day or two before a public holiday.

- **Do not pay anything to DHL.** transportation is prepaid and already included in the price for your analyses.



### > 01

Where can you find your DHL shipping number?

Then, connect to [mydhl.express.dhl](https://mydhl.express.dhl) and select your location

### > 02

Once you're on [mydhl.express.dhl](https://mydhl.express.dhl)  
- Click on the 'Ship' button, then  
- Click on 'Schedule a pickup'



SCAN ME

### > 03

When asked, "Do you need to create a shipping label?"  
- Answer: "No"

### > 04

Enter your shipping number that appears under the first barcode (without writing WAYBILL) and  
- Click on 'Next'

### > 05

Fill in the details of the pickup address, then  
- Click on 'Next'  
- Specify the package information (weight 0.3kg/size: 24x12x5cm)  
- Click on 'Next'

### > 06

Indicate your time of availability at which you want the driver to pick up the package, then  
- Click on 'Schedule Pickup'



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