

YOUR SLIP IS VALID FOR 12 MONTHS.
IF YOU EXCEED THIS DATE, PLEASE CONTACT US.

 BodyCheckUp
your health in your hands

QUESTIONS ?
CHECK OUT OUR FAQ AT BODY-
CHECKUP.FAQ.COM OR CONTACT
US BY EMAIL AT CONTACT@
BODYCHECKUP.COM

HOW TO RETURN PREPAID VOUCHER



SELECT YOUR
LANGUAGE

TO SEND YOUR SAMPLES, PLEASE USE THE PREPAID DHL VOUCHER.



WATCH THE VIDEO TO SEE
HOW TO SEND YOUR SAMPLES

> CAUTION

- **Book an appointment**
on DHL at least 24H before taking your samples.
- **All the information**
concerning samples and how to return your samples are in the user manual in the kit.
- **Do not send**
samples after noon on Thursday, during weekends or the last day or two before a public holiday.
- **Do not pay anything to DHL.**
transportation is prepaid and already included in the price for your analyses.



> 01 Where can you find your DHL shipping number?

Then, connect to mydhl.express.dhl
and select your
location

> 02 Once you're on mydhl.express.dhl - Click on the **'Ship'** button, then - Click on **'Schedule a pickup'**



SCAN ME

> 03 When asked, "Do you need to create a shipping label?" - Answer, **"No"**

> 04 Enter your shipping number that appears under the first barcode (without writing WAYBILL) and - Click on **'Next'**

> 05 Fill in the details of the pickup address, then - Click on **'Next'** - Specify the package information (weight 0.3kg/size: 24x12x5cm) - Click on **'Next'**

> 06 Indicate your time of availability at which you want the driver to pick up the package, then - Click on **'Schedule Pickup'**